



Judo Workshop

Train with the Best!

Perth, December 2009

Workshop Details

2009 Judo Training & Development Workshop, Dec 7-19

Hosted by **UWA Judo Club, Alto Capital and Ringsport**

Guest Coaches:

Takeshi Nakajima Sensei (7-11 Dec)

Katsuhiko Kashiwazaki (14-19 Dec)

Join our guest coaches Kashiwazaki and Nakajima who share their expertise Judo skills and technique in a training & development workshop open to both international participants and the Judo community.

Schedule

2 hour training session will run on Monday, Tuesday, Thursday and Friday nights during the duration of the workshop.

Participants also have the opportunity to get to know each other and exchange experiences during a farm stay from 12-14 December.

Cost

\$220 per person includes all training sessions and farm stay.

Enquiries & Registrations

Please contact Ian Fitzpatrick on 9284 9183 or email ianf@sport.uwa.edu.

Guest Coaches

Prof. Takeshi Nakajima Sensei

Judo Coach at Kokushikan University



Prof. Nakajima holds a 7th degree in Aikido and Judo. He is professor at the Kokushikan University in Tokyo and a director of the Japanese Academy of Budo. He lived in Tasmania between 1974-1981 and developed the physical education and self defence course at the Police Academy. He has coached many Tasmanians to state, national and international championship level.

Prof. Katsuhiko Kashiwazaki

Judo Coach at Budo University



Katsuhiko Kashiwazaki was World Champion at 65kg, All Japan Champion and Japanese Team Coach. He is also the author of numerous book on Judo technique, but is most famous for his innovative ground fighting.

We are proud to announce Prof. Kashiwazaki as our guest coach next to Prof. Nakajima during the Judo Training & Development Workshop.