



Judo Federation Of Australia Inc.

A member of the International Judo Federation, Oceania Judo Union,
Australian Olympic Committee & Australian Commonwealth Games Association.

FREE & OPEN TO ALL

JUDO CLINIC

FOR ALL COACHES & PLAYERS

VENUE: Kano Judo Schools Dojo
1/144 Winton Road, JOONDALUP

COACH: Dennis Iverson
National Development Coach/Coordinator
Email: dennis.iverson@ausjudo.com.au

DATE: Sunday 20th NOVEMBER 2011

SCHEDULE:

9:00 am	Arrival and Registration
9:30 am	Beep Test (<i>For eligible and non eligible NTID athletes</i>)
10:15 am	Coaching – Technique / Drills
12:00 pm	Lunch
12:40 pm	Elite Nage Komi Test (<i>For eligible and non eligible NTID athletes</i>)
1:30 pm	Coaching – Technique / Drills
3:00 pm	Randori (Tachi-Waza 10x5min)
4:00 pm	Finish

CONTACT: Fiona Iredale
Email: f.iredale@ecu.edu.au
WA President

OVERVIEW: **FEEL FREE TO BRING A CAMERA !**
The day is not just for NTID testing, is to help with development of all coaches and athletes. The techniques and drills that will be shown are from what is shown at the AIS camps or International Camps. The day is open for ALL MEMBERS and all eligible and non-eligible athletes are welcome for testing. All members are welcome to attend regardless of age or rank. (Athletes & Coaches).