

# State Team for 2017 National Championships, 9<sup>th</sup>-12<sup>th</sup> June, Carrara, QLD



This information pack is for athletes who have been selected to represent Judo WA at the National Championships in 2017. In order to represent WA in this competition you are required to meet a number of criteria as outlined below.

You **MUST** accept your place in the team, pay your registration fee (\$120 to include state training fees and entry to one division) and complete your details via the link to the form on the Judo WA website (**State Team Acceptance** at [www.judowa.org.au](http://www.judowa.org.au)). This should be done as soon as possible but **no later than 30<sup>th</sup> March** if you wish to be eligible to compete. For any athletes (cadets and older) who will compete in more than 1 division (ie cadet women and junior women), you have the option to select and pay for this (\$60 per extra division) when accepting your position, or if you are unsure if you will compete in multiple divisions, you can be invoiced for the extra divisions later.

## **Travel arrangements**

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All individuals are responsible for their own travel arrangements (note that members of your club may be travelling as a group so please discuss this with your coach). You should arrange to be in Carrara, at the latest, **by early afternoon on the day before** you compete as you will weigh in at 3pm that day (see details below). If you miss your weigh-in you will not compete. Please note that for all divisions your weigh-ins are the afternoon before the competition. Please make sure you allow plenty travel time – allowing for delays and getting from the airport.

## **Weigh-in**

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It is essential that you be at the competition venue in time for a trial weigh-in before the official weigh-in begins. You can check your weight as many times as required during the unofficial period but once the official weigh-in begins you will only be allowed one weigh. It is possible to change your weight division up to the time that you weigh in (ie the weight that you register at the official weigh-in will be the division that you compete in). Any changes of weight need to be discussed with the team manager and coach. If you are competing in 2 or more age divisions you need to record a weight for the multiple divisions (ie if on different days, weigh-in twice).

## **Timetable: 2017 National Judo Championships Carrara, QLD**

**Friday 9 June:** 3-4pm: **Weigh-in for Saturday's divisions**

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**Saturday 10<sup>th</sup> June:** All Junior Boys and Girls (born 2006, 2007, 2008).

Special Needs

Cadet Men, Junior Men and Senior Men all divisions up to and including 73kg.

Cadet Women, Junior Women and Senior Women all divisions up to and including 57kg.

**Plus at 3-4pm, weigh-in for Sundays divisions**

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**Sunday 11<sup>th</sup> June :** Senior Boys and Girls (born 2003, 2004, 2005)

Cadet men, Junior Men and Senior Men all remaining weight divisions

Cadet Women, Junior Women and Senior Women all remaining weight divisions

**Plus at 3-4pm, weigh in for Mondays divisions**

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**Monday 12<sup>th</sup> June:** Kata, Kyu Grade and Masters Divisions

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## **Accommodation**

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You are responsible for arranging your own accommodation in Queensland – please discuss with your club coach.

## **Transport in QLD**

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Transport to and from your accommodation will be your own responsibility

## **JWA Uniform**

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**Every competitor** must complete the uniform order via the link to the '**Uniform Order Form**' at [www.judowa.org.au](http://www.judowa.org.au) **BEFORE 21<sup>st</sup> APRIL**. Even if you do not need to order shirts/jackets this year you need to indicate whether you need backpatches and shoulder strips. If you do not complete this form you will not receive backpatches or shoulder strips!

The WA State Team uniform will comprise Judo WA tracksuit jacket (\$50), plain black track pants (purchase your own) and JudoWA team Polo-shirts (\$37). Some polo shirts and tracksuit jackets will be available to be fitted for size at state training on 1<sup>st</sup> April, and a size guide is included on page 6 of this info pack.

Orders and payments must be made **BEFORE 21<sup>st</sup> APRIL** and we will endeavour to have all gear available for collection on or before the Kano Open Competition on May 21<sup>st</sup>.

If you have a shirt from last year (black polo with yellow sides) you will not need to purchase another.

Shoulder flashes and back patches to be worn on the judogi will be provided by JudoWA

## **Judogis**

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**All competitors** will need a blue and a white gi, **including junior boys and girls**. Note this is a change from last year.

## **Ticket Prices for Spectators**

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Tickets for spectators will be available for pre-purchase nearer the competition date – further information will be distributed as it comes to hand.

## State training/Minimum criteria

Please see below and check JudoWA website and Facebook page for more details.

The purpose of the state training sessions is primarily for supplementary training prior to the nationals, but other important benefits will include the opportunity to get to know other team members, the chance to get all relevant information, and to communicate with the coaching/management team

Date	Requirements	Event
<b>Sunday 12<sup>th</sup> March</b>	Minimum 4 of 6 state trainings	<b>State training 1 – UWA Judo Club</b> 1pm-2.30pm : younger group: boys & girls born 2003 and later 2.30-4pm: older group: cadets and seniors born 2002 and earlier Note: lighter cadets may train in the 1pm group.
<b>Sunday 19<sup>th</sup> March</b>	Compulsory for selection for Nationals	<b>Judo WA State Championships</b> <b>State netball Centre</b>
<b>Saturday 1<sup>st</sup> April</b>	Minimum 4 of 6 state trainings	<b>State training 2 – Kano Joondalup</b> 11.45am – 12.45pm : Boys/girls born 2003 and later 1pm – 2.30pm Cadets: Born 2000-2002 2.45pm - 4.15pm Men/women: Born 1999 and before Note: heavier senior boys/girls (eg above approx. 50kg) should train in the cadet group
<b>Sunday 23<sup>rd</sup> Apr</b>	Minimum 4 of 6 state trainings	<b>State training 3 – UWA Judo Club</b> 1pm-2.30pm : younger group: boys & girls born 2003 and later 2.30-4pm: older group: cadets and seniors born 2002 and earlier Note: lighter cadets may train in the 1pm group.
<b>Saturday 6<sup>th</sup> May</b>	Minimum 4 of 6 state trainings	<b>State training 4 – South West Judo Academy</b> 11.45am – 12.45pm : Boys/girls born 2003 and later 1pm – 2.30pm Cadets: Born 2000-2002 2.45pm - 4.15pm Men/women: Born 1999 and before Note: heavier senior boys/girls (eg above approx. 50kg) should train in the cadet group
<b>Sunday 21<sup>st</sup> May</b>	Strongly recommended	<b>Kano Open Competition</b>
<b>Saturday 27<sup>th</sup> May</b>	Minimum 4 of 6 state trainings	<b>State training 5 – South West Judo Academy</b> 11.45am – 12.45pm : Boys/girls born 2003 and later 1pm – 2.30pm Cadets: Born 2000-2002 2.45pm - 4.15pm Men/women: Born 1999 and before Note: heavier senior boys/girls (eg above approx. 50kg) should train in the cadet group
<b>Saturday 3<sup>rd</sup> June</b>	Minimum 4 of 6 state trainings	<b>State training 6 – Kano Joondalup</b> 11.45am – 12.45pm : Boys/girls born 2003 and later 1pm – 2.30pm Cadets: Born 2000-2002 2.45pm - 4.15pm Men/women: Born 1999 and before Note: heavier senior boys/girls (eg above approx. 50kg) should train in the cadet group



## **Financial Commitment**

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You will be responsible for all of your own travel and accommodation costs and will be required to purchase a JudoWA tracksuit jacket and polo if you do not already have one.

State team members will pay training fees as part of their team acceptance. Training sessions are also open for other judoka of appropriate level (ask your coach), and a \$15 mat fee per session will be charged for non-team members. Players who wish to compete at National Championships need to attend at least 4 of the 6 scheduled sessions

## **Code of Conduct**

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All members of the team are expected to conduct themselves in an appropriate manner whilst at the competition venue, at the official accommodation and at all other times whilst in the team environment. Please visit the Judo WA website (**State Team Code of Conduct** at [www.judowa.org.au](http://www.judowa.org.au)) to view this document.

## **Team dinner**

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As in previous years we will try to arrange a team function on the Sunday evening, however due to schedule changes from previous years we will confirm this shortly. All athletes and their supporters will be welcome to attend. Costs, menu options and arrangements will be communicated separately.



## **FINANCIAL COMMITMENT, PERSONAL INFORMATION FORM and CODE OF CONDUCT**

Please visit the Judo WA website ([www.judowa.org.au](http://www.judowa.org.au)) or the Judo WA Facebook page for the link to complete your personal information, agree to the code of conduct and to accept your position in the team. NOTE – you must do this prior to 30<sup>th</sup> March in order to be eligible to compete.

### **CODE OF CONDUCT (note you must read this and acknowledge it on the online form)**

This code of conduct shall apply to all athletes, officials and associated parties (parents/guardians etc.) of the Judo Western Australia team

#### **ATHLETES/OFFICIALS CODE OF CONDUCT**

- I will not engage in the use of crude, foul or abusive language that may be determined offensive.*
- I will not engage in any conduct which may be considered detrimental to the image of JudoWA when on or off the mat.*
- I will refrain from arguing with the referee and/or corner judges regarding decisions they make.*
- I will treat participants, officials and spectators with respect.*
- I will play by the rules of the sport.*
- I will cooperate with my coach, team mates, referees and officials.*
- I will display good sportsmanship at all times.*

I have read the above Code of Conduct and agree to comply with its directions.

#### **PARENTS/GUARDIANS CODE OF CONDUCT to be completed if athlete under 18 years old**

Whilst in the environment of the JudoWA State Team:

- I will not engage in the use of crude, foul or abusive language that may be determined offensive.*
- I will not engage in any conduct which may be considered detrimental to the image of JudoWA.*
- I will refrain from arguing with the referee and/or corner judges regarding decisions they make.*
- I will treat participants, officials and spectators with respect.*
- I will cooperate with team officials.*
- I will responsibly supervise my child/children and ensure that they adhere to the above code of conduct*

I have read the above Code of Conduct and agree to comply with its directions.

(tick the box on the online acceptance form to acknowledge the above)



## Uniform information

The WA state team uniform will comprise of a Judo WA Jacket (see details below), plain black track pants/leggings (purchase your own) and Judo WA Polo Shirt (see details below).

An optional plain white T-Shirt with the Judo WA logo is also available (see details below).

Please complete one order form per team member highlighting the items you require (Note you will also have the option to select backpatches and shoulder strips so all athletes will require to complete this form even if you are not ordering shirts/jackets. Refer to below for prices and sizing guide.

All uniform orders must be submitted no later than Friday 21st April via link to the 'Uniform Order Form' at [www.judowa.org.au](http://www.judowa.org.au)

### **Judo WA Polo Shirt - \$37**

<b>Kids Polo</b>	<b>6</b>	<b>8</b>	<b>10</b>	<b>12</b>	<b>14</b>	<b>16</b>		
½ chest cm	38	40	42	44	46	49		
<b>Ladies Polo</b>	<b>8</b>	<b>10</b>	<b>12</b>	<b>14</b>	<b>16</b>	<b>18</b>	<b>20</b>	<b>22</b>
½ chest cm	45	47.5	50	52.5	55	57.5	60	64.5
<b>Mens Polo</b>	<b>XS</b>	<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>	<b>XXL</b>	<b>3XL</b>	<b>5XL</b>
½ chest cm	50.5	53	55.5	58	60.5	63	68	73

### **Judo WA Jacket - \$50**

<b>Kids Jacket</b>	<b>4</b>	<b>6</b>	<b>8</b>	<b>10</b>	<b>12</b>	<b>14</b>
½ chest cm	39.5	43	46.5	50	53.5	57
<b>Adult Jacket</b>	<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>	<b>2XL</b>	
½ chest cm	60.5	63	65.5	68	70.5	

### **Plain white T-Shirt with Judo WA logo - \$25**

<b>Kids T-Shirt</b>	<b>6</b>	<b>8</b>	<b>10</b>	<b>12</b>	<b>14</b>	<b>16</b>		
½ chest cm	39	41.5	44	44	46.5	49		
<b>Ladies T-Shirt</b>	<b>8</b>	<b>10</b>	<b>12</b>	<b>14</b>	<b>16</b>	<b>18</b>	<b>20</b>	
Bust	42.5	45	47.5	50	52.5	55	57.5	
<b>Mens T-Shirt</b>	<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>	<b>2XL</b>	<b>3XL</b>	<b>4XL</b>	<b>5XL</b>
½ chest cm	53.5	56	58.5	61	63.5	66	68.5	71



## **Funding suggestions for cost of 2017 National Judo Championships**

### **Local Government Sporting Achievement Grants**

Most are open to young people (e.g. under 18 years). Each local government (e.g. city council) has different rules and policies so visit the website of your local government for details. They usually give \$50-\$150 per athlete per year. If supporting letters are required for your application to prove selection please request from your individual clubs.

Some shires only support groups not individuals and will require Judo WA to complete the application on behalf of the young people who live in the shire e.g. City of Wanneroo require this. If this is the case for you please contact me.

### **Federal Government Local Sporting Champions Grant**

This is a National scheme offering up to \$500 per athlete. This is in quite high demand/competitive. Applicants must be between 12-18 years of age. The current round for applications is open closing 30 June. Applications are made online at;

[http://www.ausport.gov.au/participating/local\\_sporting\\_champions](http://www.ausport.gov.au/participating/local_sporting_champions)

As part of the application you are required to provide confirmation of participation, include the following details when requested;

Name; Fiona Iredale  
Organisation; Judo WA  
Position; State Team Manager  
Address; 72 Alexandria View, Mindarie  
Email; [fionairedale@gmail.com](mailto:fionairedale@gmail.com)  
Mobile; 0448118002

**Fiona Iredale**  
**2017 State Team Manager**  
**Judo Western Australia**



Below is for information only – previously circulated

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## **National Championships 2017**

### **Criteria for selection to represent Judo Western Australia**

Selection to compete at the National Championships in Gold Coast Sports and Leisure Centre, Carrara, Queensland (9-12<sup>th</sup> June 2017) was based on the following criteria:-

- Athletes **must** compete in the State Titles (19<sup>th</sup> March 2017) **plus** are strongly recommended to compete in the Kano Open Comp on 21<sup>st</sup> May 2017.
- Athletes must be a current financial member of a JudoWA affiliated club.
- Athletes must meet the eligibility requirements of the National Championships in relation to grade, age, nationality/ residence etc.
- Attend a minimum of 4 of the 6 scheduled state training sessions (dates, times and venues noted above)
- Maintain an adequate level of fitness (includes being free of injury which would prevent performance)
- Accept the Athlete's Agreement form and complete all other related documentation as requested by the coach/manager.

Note: winning the state titles does not automatically qualify an athlete to compete in the National Championships. Overall performance in the competitions listed above, performance throughout the previous year at state and national level, commitment to training and potential to be competitive at National level will be considered. Final selections will be made by the coaching commission in conjunction with the relevant club coaches at the conclusion of the State Titles on March 19<sup>th</sup> 2017. Note that one of the state training sessions is before the state titles – any athletes considering attending nationals should attend this first state training session.

Exemptions to the above criteria may be made in exceptional circumstances. In this case, selections will be based on previous performance and the athlete's potential to compete well at the National Championships. Requests for exemptions to the above criteria should be made in writing (to [fionairedale@gmail.com](mailto:fionairedale@gmail.com)) and be supported with documentary evidence (e.g. med cert for illness/injury etc).

For athletes from regional clubs, criteria will be negotiated individually between the State Team manager and Club coaches.

Times, dates and venues are shown above for state training. Please check carefully as there are 4 Saturday sessions and 2 Sunday sessions and multiple venues, plus 2 Sunday competitions. Please check what day, time and location YOUR training is.

Note that if it is better for your training you will be able to move to a different group. eg over 50kg senior boys/girls should train with the cadet groups on the Saturday sessions. Light cadets may train with the junior group on Sunday sessions.

If you are unsure which group will be best for you please discuss with your coach, or contact [fionairedale@gmail.com](mailto:fionairedale@gmail.com) or call 0448118002